

Certificate in Elementary Hypnosis

Quality Hypnosis training towards a full diploma in hypnotherapy and GHR recognition

Induce relaxing and therapeutic trance in yourself and others
Benefit from Self-Hypnosis throughout your life
Learn to relax and de-stress
Build positive, powerful suggestions
Use Hypnosis to make changes
Build powerful patterns of rapport
Understand and utilise Hypnotic language patterns
Create a new future

This certificate course is intended for anyone interested in the powerful and effective use of Hypnosis. It is a perfect introduction to the processes and benefits of these techniques, and includes a hands-on workshop as well as a comprehensive distance learning component. This course forms the first part of the full Hypnotherapy Diploma.

Mode of study

For the certification course the student must attend the *Introduction to Hypnosis* one-day workshop and complete the following distance learning modules:

- *Introducing Hypnosis*
- *The Structure of Rapport*
- *The Power of Language*
- *Inducing Hypnosis*

These modules consist of a general introduction to Hypnosis and Self-Hypnosis.

The workshops are designed to give you practical experience in the use of Hypnosis in a controlled classroom setting. They will give you an opportunity to practise and to learn safely. By the use of accelerated learning, trance-work and practical exercises, the course gives you everything you need and more to become an exquisite Hypnotist as well as providing a fun and exciting space for you to grow and develop in all sorts of ways. The workshops are an integral part of the course, and are mandatory.

Support and Assessment

You will be allocated a Tutor, who will give you feedback on the assessments that you complete at the end of each distance learning module. You may arrange times with your Tutor for telephone and/or e-mail based tutoring. Final assessments will be by practical examination carried out at the *Introduction to Hypnosis* workshop.

Cost

The cost of the certificate, which includes:

- An allocated, on-line and telephone based Personal Tutor
- A one-day workshop
- All distance learning materials

is *only* £195

You may also attend only the one-day workshop (without taking the distance learning modules), and benefit from the hands-on, experiential learning, for *only* £95. You won't get the certificate, but you'll be surprised at how much you will learn!

Further study

Students wishing to continue may complete the *full Hypnotherapy Diploma (Dhyp)*, which entitles them to foundation membership of the GHR and will give them the skills and right to practice as a qualified Hypnotherapist. You will need to complete the remaining modules: *Professional Practice; Design of Interventions; Advanced Techniques* and attend a further workshop on Hypnotherapeutic techniques. The cost of completing the diploma is a further £230.

Power

Energy

Renewal

Flexibility

Originality

Relaxation

Motivation

Achieve

Natural

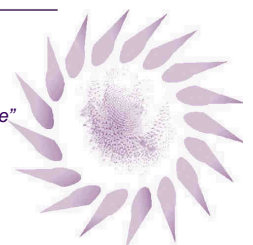
Confidence

Elegantly

GHSC
Foundation Level
VALIDATED TRAINING
General Hypnotherapy Standards Council

Semillion

"Sowing the seeds of generative change"



<http://www.semillion.co.uk>